

## ENDOMETRIOSIS - UNMASKING THE SILENT STRUGGLE

Endometriosis presents a significant challenge akin to cancer, albeit with a distinct progression. Unlike cancer, which can often be diagnosed in its early stages, endometriosis can advance silently. Patients may only become aware of its deep infiltration when they begin experiencing excruciating pain, potentially indicating the development of deep infiltrating endometriosis. Thus, the severity of endometriosis is often measured by the level of pain it causes. Endometriosis can extend beyond adjacent organs and nerves, potentially spreading to the chest via peritoneal fluid, leading to serious complications. At this advanced stage, medications typically offer limited relief, leaving surgery as the primary recourse.

The severe pain of endometriosis often leaves patients unable to work, affecting their livelihoods significantly. As a result, many patients with severe endometriosis face financial strain and may struggle to meet basic living expenses. Addressing these profound socio-economic impacts is crucial in providing comprehensive support to individuals affected by this chronic condition.

Endometriosis can also lead to dyspareunia, a condition characterized by pain during or after sexual intercourse. This pain can vary from mild discomfort to severe cramping, depending on the severity and location of the endometrial implants.

Besides the pain it causes, endometriosis commonly leads to infertility by reducing ovarian reserve and AMH values. Early pregnancy planning is crucial for young individuals, addressing both pain management and fertility concerns effectively.

In FIRM HOSPITALS, we tackle all types of Endometriosis laparoscopically and give relief to the women suffering from it.

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